

USA Boxing Rules Reference Chart -- Guide for making matches at the Local Level.

	Prep			Junior	Youth Men	Elite Men	Masters	Youth Women	Elite Women
	Pee Wee	Bantam	Intermediate						
Age	8, 9, 10	11, 12	13, 14	15, 16	17, 18	18 to 40	35 and older	17, 18	19 to 40
Weight Categories (in lbs)	5 lb increments up to 100 lbs, then 101, 106, 110, 114, 119, 125, 132, 138, 145, 154, 165, 176, 176+	5 lb increments up to 100 lbs, then 101, 106, 110, 114, 119, 125, 132, 138, 145, 154, 165, 176, 176+	5 lb increments up to 100 lbs, then 101, 106, 110, 114, 119, 125, 132, 138, 145, 154, 165, 176, 176+	5 lb increments up to 100 lbs, then 101, 106, 110, 114, 119, 125, 132, 138, 145, 154, 165, 176, 176+	108, 114, 123, 132, 141, 152, 165, 178, 201, 201+	108, 114, 123, 132, 141, 152, 165, 178, 201, 201+	108, 114, 123, 132, 141, 152, 165, 178, 201, 201+	106, 112, 119, 125, 132, 141, 152, 165, 178, 178+	106, 112, 119, 125, 132, 141, 152, 165, 178, 178+
# of Rds/Min.	3 Rds 1 min	3 Rds 1 min	3 Rds 1.5 min, or less	3 Rds 2 mins, or less	3 Rds 3 mins, or less	3 Rds 3 mins, or less	3 Rds 2 mins, or less	3 or 4 Rds 2 mins, or less	3 or 4 Rds 2 mins, or less
Count Limits in a Round and Bout	3 in a Round, 4 in a bout	3 in a Round, 4 in a bout	3 in a Round, 4 in a bout	3 in a Round, 4 in a bout	3 in a Round, 4 in a bout	3 in a Round, 4 in a bout	3 in a Round, 4 in a bout	3 in a Round, 4 in a bout	3 in a Round, 4 in a bout
Gloves	Boxers up to 141lbs wear 10oz or 12oz. 152lbs or above must wear 12oz.	Boxers up to 141lbs wear 10oz or 12oz. 152lbs or above must wear 12oz.	Boxers up to 141lbs wear 10oz or 12oz. 152lbs or above must wear 12oz.	Boxers up to 141lbs wear 10oz or 12oz. 152lbs or above must wear 12oz.	Boxers up to 141lbs wear 10oz or 12oz. 152lbs or above must wear 12oz.	Boxers 108-141 wear 10 oz. Boxers 152 and over wear 12oz. Or allow 12oz if boxers wear headgear.	16 oz. for all weights, and gloves must be "Masters-approved"	Boxers up to 141lbs wear 10oz or 12oz. 152lbs or above must wear 12oz.	Boxers up to 141lbs wear 10oz or 12oz. 152lbs or above must wear 12oz.
Headgear	Yes Open face or with Cheek Protectors	Yes Open face or with Cheek Protectors	Yes Open face or with Cheek Protectors	Yes Open face or with Cheek Protectors	Yes Open face or with Cheek Protectors	Defined by the sanction. Both boxers must be the same.	Yes, and headgear must be "Masters-approved"	Yes Open face or with Cheek Protectors	Yes Open face or with Cheek Protectors
Matched Bouts — by Date-of-Birth (24-month maximum for JOs).	8 year old may box 8-9 9 year old may box 8-11 10 year old may box 9-12	11 year old may box 9-13 12 year old may box 10-14	13 year old may box 11-15 14 year old may box 12-16	15 year old may box 13-17 16 year old may box 14-17	17 year old may box 15-40 18 year old may box 17-40	18 year old may box 17-40	May only box 35 years and up, within 10 years of opponent	17 year old may box 15-40 18 year old may box 17-40	19 year old may box 17-40
Weight Differentials for Matched Bouts (in lbs)	101, and under = 5 lbs. 106 = 7 lbs. 110 = 7 lbs. 114 = 7 lbs. 119 = 7 lbs. 125 = 9 lbs. 132 = 9 lbs. 138 = 9 lbs. 145 = 9 lbs. 154 = 9 lbs. 165 = 12 lbs. 176 = 12 lbs. 176+ = no limit	101, and under = 5 lbs. 106 = 7 lbs. 110 = 7 lbs. 114 = 7 lbs. 119 = 7 lbs. 125 = 9 lbs. 132 = 9 lbs. 138 = 9 lbs. 145 = 9 lbs. 154 = 9 lbs. 165 = 12 lbs. 176 = 12 lbs. 176+ = no limit	101, and under = 5 lbs. 106 = 7 lbs. 110 = 7 lbs. 114 = 7 lbs. 119 = 7 lbs. 125 = 9 lbs. 132 = 9 lbs. 138 = 9 lbs. 145 = 9 lbs. 154 = 9 lbs. 165 = 12 lbs. 176 = 12 lbs. 176+ = no limit	101, and under = 5 lbs. 106 = 7 lbs. 110 = 7 lbs. 114 = 7 lbs. 119 = 7 lbs. 125 = 9 lbs. 132 = 9 lbs. 138 = 9 lbs. 145 = 9 lbs. 154 = 9 lbs. 165 = 12 lbs. 176 = 12 lbs. 176+ = no limit	108 = 6 lbs. 114 = 6 lbs. 123 = 8 lbs. 132 = 8 lbs. 141 = 10 lbs. 152 = 10 lbs. 165 = 10 lbs. 178 = 15 lbs. 201 = 15 lbs. 201+ = no limit	108 = 6 lbs. 114 = 6 lbs. 123 = 8 lbs. 132 = 8 lbs. 141 = 10 lbs. 152 = 10 lbs. 165 = 10 lbs. 178 = 15 lbs. 201 = 15 lbs. 201+ = no limit	108 = 6 lbs. 114 = 6 lbs. 123 = 8 lbs. 132 = 8 lbs. 141 = 10 lbs. 152 = 10 lbs. 165 = 10 lbs. 178 = 15 lbs. 201 = 15 lbs. 201+ = no limit	106 = 8 lbs. 112 = 8 lbs. 119 = 8 lbs. 125 = 8 lbs. 132 = 10 lbs. 141 = 10 lbs. 152 = 10 lbs. 165 = 15 lbs. 178 = 15 lbs. 178+ = no limit	106 = 8 lbs. 112 = 8 lbs. 119 = 8 lbs. 125 = 8 lbs. 132 = 10 lbs. 141 = 10 lbs. 152 = 10 lbs. 165 = 15 lbs. 178 = 15 lbs. 178+ = no limit